

The Gazette's Health Digest Section

Published the 1st & 3rd Week of Every Month



The 1st and 3rd week of every month our Health Digest section in the Gazette keeps readers up to date on the latest health and fitness news. It's the perfect issue to reach health conscious Adults and their families throughout Troy, Rochester, Rochester Hills, Shelby Township, Utica, Macomb Township, Washington Township and surrounding communities.

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